# **2013 SEASONAL CALENDAR OF SAMPLE TWEETS/STATUS UPDATES**

### February 2013

## All Month

- Keep those healthy New Year's resolutions going strong! Bring your teens up to date on recommended #vaccines http://bit.ly/SWIJaV
- There are tools available to help HCPs remind patients about teen #vaccines at every opportunity! http://bit.ly/TyfRWO

# February 14 – Valentine's Day

- Will you be mine? Only if you get the #flu #vaccine! It's not too late to get #vaccinated. #FluFacts http://bit.ly/Vo6qpC
- Roses are red, violets are blue. I got my #flu #vaccine, how about you? Learn about #vaccines for teens! http://bit.ly/Vo6qpC
- On Valentine's Day, spread love, not disease. Be sure your teen is current on recommended #HPV #Tdap & #flu #vaccines! http://bit.ly/WkrsEc

#### **March 2013**

March 8 - NFID Clinical Vaccinology Course

 Medical experts gather at Clinical Vaccinology Course to strategize for successful adolescent #vaccine programs http://bit.ly/Y4utL7

March 14 - Society for Adolescent Health and Medicine Annual Meeting

• "What's All the Whoop About?" Learn more at the #SAHM annual meeting in Atlanta. #Tdap booster recommended for all teens.

March 14 - World Kidney Day

 It's World Kidney Day! #Pneumococcal #vaccination is recommended for those with kidney disease http://bit.ly/VbVRcX

## **April 2013**

All Month - Oral Cancer Awareness Month

- Did you know #HPV can also cause oral cancer? Learn more about all vaccine-preventable diseases <a href="http://bit.ly/SWIJaV">http://bit.ly/SWIJaV</a>
- Did you know oral cancer is more common in men, and can be caused by #HPV? Boys should get HPV #vaccination too! <a href="http://bit.ly/WzQ7ps">http://bit.ly/WzQ7ps</a>

## April 24 – World Meningitis Day

 Know the signs/symptoms of #meningitis? World Meningitis Day encourages all to learn more about preventing meningitis <a href="http://bit.ly/112s03N">http://bit.ly/112s03N</a>

It's World Meningitis Day. Talk to teens & their parents about #meningitis & how #vaccination can help protect them! <a href="http://bit.ly/112s03N">http://bit.ly/112s03N</a>

## May 2013

All Month - Hepatitis Awareness Month

- Parents, did your teens get their #hepatitis B #vaccines as a baby? If not, they can catch up now! Ask your doctor http://bit.ly/ViUDcq
- Do your patients know chronic #hepatitis can lead to liver cancer? Talk to them about #vaccination http://bit.ly/ViUDcq

All Month - Asthma Awareness Month

• Encourage teens with #asthma to take preventive steps, such as annual #flu #vaccination, to help keep them healthy http://bit.ly/Vo6qpC

May 8 – Smallpox Eradication Anniversary

• May 8, 1980 @WHO declared #smallpox eradicated. #Vaccines make a difference. Make sure you're up to date with recommended #vaccinations.

May 12 – Mother's Day

 On Mother's Day we'd like to thank all the moms who help keep their kids healthy through #vaccination! http://bit.ly/qBSXOO

May 12-18 - National Women's Health Week

 Did you know there's a #vaccine to protect against cervical cancer? Teens should get #HPV vaccine at age 11 or 12 http://bit.ly/YIC5wv

#### June 2013

June 3-6 - National Immunization Conference

 #Vaccination for teens is a great start for healthy adulthood. Learn more at National #Immunization Conference http://1.usa.gov/aBZmvX

June 11-13 – International Association for Adolescent Health World Congress

 Looking forward to #IAAH World Congress. Let's keep teens healthy and up to date with recommended #vaccinations. www.iaah2013.org/

June 16 – Father's Day

 It's Father's Day! You do a lot for your kids. Don't forget to help keep them healthy with recommended #vaccines! <a href="http://bit.ly/qBSXOO">http://bit.ly/qBSXOO</a>

## **July 2013**

All Month

Preparing your teens for college? Don't forget their #meningitis booster! <a href="http://bit.ly/U75gQg">http://bit.ly/U75gQg</a>

July 28 – World Hepatitis Day

• It's World Hepatitis Day! Make sure your teens get their "catch-up" #vaccines, including #hepatitis b. http://bit.ly/Ui5LHI

## August 2013

All Month - National Immunization Awareness Month

 Do you know the recommended #vaccines for teens? Check to make sure your teens are up to date http://bit.ly/qBSXOO

Mid- to End of August - Back to School

- Before school starts, make sure teens "catch-up" on any missed #vaccines, like #MMR and #hepatitis B. http://bit.ly/WkrsEc
- It's back to school! Make sure your teen gets recommended #vaccinations: #meningitis, #flu, #Tdap, #HPV. http://bit.ly/SWIJaV

August 12 – International Youth Day

• It's International Youth Day! Stay active and healthy by getting recommended #vaccines: #HPV #Tdap #meningitis and #flu. Carpe diem!

#### September 2013

September 2 - Labor Day

 Happy Labor Day! Before school starts make sure your teen is up to date with #HPV #Tdap #meningitis & #flu #vaccines! <a href="http://bit.ly/qBSXOO">http://bit.ly/qBSXOO</a> September 8 – Grandparents Day

- Happy Grandparents Day! Teach your grandchildren the importance of staying healthy & getting #vaccinated! http://bit.ly/SWIJaV
- It's National Grandparents Day--tell yours how much you love them; keep them healthy by getting the #flu #vaccine! #FluFacts

September 15 - October 15 - National Hispanic Heritage Month

- Did you know #HPV related cancer rates are higher among Hispanic women? Help change this by getting teens #vaccinated! http://bit.ly/YIC5wv
- Hispanic children and teens have the highest #flu #vaccination coverage compared to other ethnicities. Keep up the good work! <a href="http://bit.ly/YIC5wv">http://bit.ly/YIC5wv</a>

#### October 2013

All Month – National Family Health Month

- During #NationalFamilyHealthMonth make sure your whole family, including teens, stays healthy and gets all recommended #vaccines!
- Vaccinations aren't just for babies--protect the whole family. Make sure teens get their #vaccines too! http://bit.ly/SWIJaU

October 21-25 – International Infection Prevention Week

 International Infection Prevention Week is a good time to make sure teens have had their #flu, #meningitis, #HPV, & #Tdap #vaccinations!

October 31 – Halloween

#Flu, #Tdap, and #HPV, Oh My! No need to be scared, instead get #vaccinated! <a href="http://bit.ly/WJFOPO">http://bit.ly/WJFOPO</a>

#### **November 2013**

November 2-6 – American Public Health Association Annual Meeting

 Health leaders gather at the #APHA meeting this week. Prevention is essential to public health, including #vaccines for teens!

November 12 – World Pneumonia Day

 On #WPD2013 don't forget that teens with certain underlying conditions may need a #pneumococcal #vaccine. http://bit.ly/VbVRcW

November 28 – Thanksgiving

- Pass the stuffing, not the #flu. Make sure everyone at the table gets #vaccinated! <a href="http://bit.ly/SWIJaV">http://bit.ly/SWIJaV</a>
- Give thanks for your family's health and keep them healthy with recommended #vaccines. Teens too! http://bit.ly/SWIJaU

## December 2012

All Month – Holidays

- Have a happy and healthy holiday season! Make sure all children get recommended #vaccines http://bit.ly/SWIJaU
- Give the gift of health--here are 10 reasons to get your teen #vaccinated! http://bit.ly/WbNE3g

TBD - National Influenza Vaccination Week

- During #NIVW, get your family #vaccinated and make sure your teen's #vaccines are up to date while you're at it! <a href="http://bit.ly/WJFOPO">http://bit.ly/WJFOPO</a>
- RT if your teens are up to date on all recommended #vaccines! http://bit.ly/WJFOPO